

Mr.Wind interviewt von Thomas Becherer- 2023

Thomas:

Ich bin der Thomas und heute freue ich mich auf ein sehr besonderes Interview - nahezu eine Weltpremiere nämlich auf das Gespräch mit und die Vorstellung von Mr.Wind einem der stärksten, energetischen Fernheiler, ein Vikingheiler aus Nordnorwegen und dem Gründer von Viking Power Healing. Neben der Fernheilung, die Mr.Wind bisher anbietet, wird es auch sehr bald Präsenzseminare im deutschsprachigen Raum geben und umso spannender wird es heute, mehr darüber zu erfahren.

Aber erstmal: " Mr.Wind herzlich willkommen - dear Mr.Wind a warm welcome from my side.my pleasure to have you here "

Wind: Thank you. I'm happy to be here!

Thomas: Wie ihr hört wir werden das Interview heute auf Englisch führen und wer dem Podcast regelmäßig folgt, wird auch schon einmal über Viking Power Healing gestoßen sein, denn ich habe im Herbst 2022 mit der Greta aus dem Team von Mr.Wind gesprochen, wo wir das Viking Power Healing schon einmal vorgestellt haben und es gibt auch ein Webinar dazu über das Thema Heilung und was dort passiert.

Also wer das noch nicht gesehen hat, schaut euch das gerne an, es ist ein guter Hintergrund zu diesem Interview.

Wir beginnen jetzt auf Englisch - es ist für mich heute auch das 1.Mal, daß ich ein Interview auf Englisch führe:

Beginn Interview Englisch

2:10

Thomas:

What is it with the name Mr.Wind? Why do you call yourself like this?

Wind 2:25

It's a very personal question.. I like personal questions by the way...One of the reasons is, nobody says my name perfectly right. Although because of every name, wherever it comes from, in different countries, it's very difficult because we don't have the confidence in vocals to be able to say the name perfectly.

So I found out that it is a more easy way to say my name, as everybody can say that perfect and remember: it's like " a Wind " -

I have more vocals in my name originally where I come from..

"Wind " everybody can say and is easy to remember.

When you think about the Wind, it is also my ability to do distance healing: it's like a Wind flying over houses, mountains, nature, the towns. So it's a good association..I can give you more reasons, but then it will take one hour just to explain why I choose that name..it is actually my name, Wind - a shorter form in my original language. 3:55

Thomas: 4:13

You are from North Norway and I would like to ask you:

How did you grow up as a child there and when was the first time that you recognized that you are kind of different,

that you have the special healing capabilities that others don't have ?

Wind 4:33

I discovered it very early in my life, I was a baby actually. I remember almost everything from all of my life:

I had an amazing consciousness, more like an adult observing the world quietly, peacefully and I observed myself as a human and I asked myself: " Why did I land here, why did I come here? Who are these people around me? "

I had questions like this..since I could think and I had a developed way of thinking.. I always asked deep questions.

To the people surrounding me, to myself again and again..who am I ? What am I doing here? What's the purpose being on this planet?

Very early in my life I started to discover that:

People around me just got healed..they had knee problems,they had neck problems, back problems, they had different psychological problems and suddenly they just got healed!

At the beginning of my life I understood it was something about Me and I didn't really understand totally what it was about me and how this could happen.

It took me time to understand and that's why I became very much a researcher.

I started to study very early in my life things you normally don't get to study in school like anatomy.Topics you don't find normally in this early age in school..and I also learn to study by going inside myself and find knowledge inside myself by using imagination. Imagination: if you can think with imagination and although you find a logical way of thinking, you can reach very far to find acknowledging within yourself.

We humans are also very telepathic, for those people who want to go into telepathy or have the ability to go into telepathy..we can also get information from a sensual memory field which is up all time energetically around us.

We are far more than humans, all of us!

And we can get knowledge from this field, from this energy field, we can say field or:

energetic memory base,

which was created long before our time, which is always there!

We just need to connect ourselves , to ourself, within ourself and we will be in connection with our telepathic levels, which has been created a long time before humanity or a long time to all these centuries which has been going with knowledge created in humanity.

Many levels are possible to get knowledge without going through books.

I understood after reading a lot of books in my life that certain knowledge is not coming through books...

So I had to explain everything to myself and really go in researching. For example: anatomy- where the muscles are connected, how the bones are connected to the muscles, inner organs..

understanding of those who had studied this before..

...having an idea of how the different organs are functioning, how the brain is functioning and so on..to get the basics and from that level I started to find the answers within myself.

So I had studied over all my life on the planet: different creations anatomically, humans, many themes related to the questions I always had. I always asked myself questions which were nearly impossible to find answers in the books. It was more like a "knock on the door level", and from that level you only can go deeper and deeper!

You also asked about my childhood:

I didn't have a childhood, like other children...

My mother told me when I was 7 years old :

" You are not a child! You are a man - an old wise man in a child's body , because you don't speak like a child! "

I never played with toys in my life. I never played with small cars on sandground or anything like this..

My childhood was work.

Every minute in my childhood when I woke up in the morning: I had to cut wood, shuffling and hacking wood -

just working physically all the time.. very heavy work.

My father was from that older generation, where work was everything.

So, a child is not really happy about this! But after we become adults we become happy for this education,

we see how worthy it was. I'm thankful to my father for this! We sometimes speak about it.

I got so many fantastic chances, when I grew up, I wanted to find myself grown, wanted to find myself a future.

I could do so much more, what people normally had a problem with when they were going through education and all the things..

I could do and go through this education with work since I was 3-4 years old.

When I was 4 years old, my father gave me an ax and I took it and he didn't tell me how..he said : "cut wood "!

The ax was sharp - this is how our education is working.

We get tools in our hands, sharp tools and we have to learn to handle them..we have to learn by understanding, by

doing it. It's tough work, but this is how we are, as Vikings!

It was like this in my generation, I don't know the new generation.

Thomas: 11:55

Thanks for sharing this! You said you had the ability

and you recognized that just being present people got benefit from it.

How did you get the idea to start the Viking Power Healing ? Like to make it accessible for a wider audience and more people?

Wind: 12:24

Very early in life I understood that I can help many people at the same time because they naturally got healed without me doing anything, without focusing... it just happened.

Then later my mother said to me that I should go out in the world and heal people and I said to her: " Yes, but there is a self responsibility, there is a reason why people get sick! " Later on she said : " Yes, I agree, so maybe you should go a conscious way, which is your way."

Consciousness and self development and psychological themes related to a combination with healing is what I found early in life to be my part.

Personally that meant to educate myself, to prepare myself for the world, to develop myself and with this and enormous interest I had to develop myself.

People discovered that and more and more people around me asked me questions.

It began that people wanted to get healed and wanted to know more about this.

Actually they wanted me to work as a therapist..that I'm sitting in front of one person at the time and explaining...

But I did it in the beginning... After a while I said to all these people: that I don't want to be an individual therapist.

I told them to connect together and make a group and then ask me to come and I will come.

So when you are 30, 50 or 100 people it is okay, I will come, but don't ask me to sit in front of 1 person.

What I'm doing is for everybody.

After some years I started to get helpers, people who helped me sometimes and like 12 years ago I met a girl and I told her that I want to create a team.

So I build a team with team members from different countries, international and all of them have special abilities and they have a special education: self education, self taught or they have practiced something earlier in life.

Like me: working on the farm and on the sea or nature.

So they exercise climbing from a young age or one of my members has been a professional dancer since she was 4 years old. All of them have practiced very hard in different directions, ways, different Lifestyles.. so this makes it easier being a Team member, because we have specialties which can be combined to help people in a better way.

And we are open for new team members, I have to say and they don't have to be very specialized, but we see who can fit in and be a part of our team.We think everybody can be part of our team just by having the interest for it.

Everybody can do something for another person for the world.

And I'm here to do something for the world.

I was born to do something for the world.

I'm a nature person, I like to be alone in the nature.

I was growing up in the wilderness in North Norway where there were no people at all, only me.

When you go into the wilderness in North Norway or Finland or Russia - you can go for 1 year and nobody finds you, because there are such big areas. I was growing up in this lifestyle, I always come back to it and this is my life and what I really want.

Nevertheless I always understood I have the power to heal the people in the world and I gave myself to this.

I decided a few years ago, okay: "I will go international and I will try to reach as many as possible because this energy can reach thousands of people at the same time."

Thomas: 17:30

Before we go more into the details and offer how it works I would like to ask you something: Why do we need to heal? Why are we not healthy? I mean we are born to this earth, let's say we have that sparkle from the divine source, we have that light in Us. Why is it that we suddenly get weak and need to heal? Why we are not healing in ourselves?

Wind: 18:05

I can give you many answers for these, but let's say it's like this:

if you look at nature and you see the wild creatures, wild animals, wild fish- everything which is wild living out there in nature, living in harmony with nature.

We can see that everything is just perfect.

The bodies in nature, which are getting weak, are lost.

They cannot follow their tribes anymore.

They can not be in the wild, they disappear because they are too weak.

In general there is no aging in nature. We can see that a lion is stiff in his past half year of life because he gets sick..but we don't really see wild animals getting old, they don't have aging symptoms like we as humans have aging symptoms. In the human world: we are forced to fit into society from our birth and going into a lifestyle.

Let's say, we have different inner forces and these inner forces will be active in a wrong way in the society, within ourselves. These innerforces are causing chaos and the body as a result of this, is getting weaker.

So weak that certain lifestyle sickness integrates our body and makes us even weaker.

Thousands of lifestyle sicknesses have an underlying reason why we as humans get sick. One of them is too much activation of " Fight and flight reaction " in our society.

We actually activate the "reptile brain part " far more often than animals in the wilderness do - with our Lifestyles!

Animals are activating their " fight and flight reaction "

as an awakening of the Inner Power to understand: " what is dangerous" or they get Education on what is dangerous.

Everything that is dangerous for them is dangerous for the rest of their lives. They have reactions in the body which makes them stronger, fly away from the danger or fight the danger.

As humans, we are from nature which is very dangerous - we have this inner force.

But this innerforce: " fight and flight reaction" is different from living in society or living in nature.

Because we have a society with a lot of control, discipline ,

fear and so on the fight and "flight reaction" is activated in a kind of aggressive behavior of irritation, frustration, fear, scepticism, shame...this "fight and flight reaction" will be projected to thousands of different themes we are going through in our society.

It gives that label looking more negative than positive in our lives. Inner Forces we are born with, inner happiness and inner peace will more and more disappear so that we are mirroring and coughing the world. In the world there are always those who are leading us, the leaders in our society, they want us to fold in order to find control over the society so that they can be the leaders.

In all levels, in all societies, wherever you come from the only target: "The Problems" - and we see them as problems and as a result of this we are activating a negative view of this problem. We activate too much "fight and flight reaction" !

But the problem with "fight and flight reaction" activation is that all the muscles in the body will be activated in the way that they will tense.

As a result of this when we behave in aggression, irritation, frustration, fear or anything like this all our muscles will be activated in tension. After a while the natural tonus in the muscle will be lost, there should be tensing in nature to keep ourselves alive but this will get lost and the tensing of the muscles will be created and most of the muscles will have too much tension in itself.

This means, when all the muscles are tensed, they have a power of pressing down, whatever power we are born with....suppressing the force we have over 150 muscles we can control in the body and all these muscles will have a pressing power to all our forces.

Even the "fight and flight reaction" the muscles will press down. They press down: our Beauty, our Happiness, our Inner peace, our Born power, Talents we have - everything!

This muscle tension which is created in the body is also controlling the brain. After a while when we are activating too much "fight and flight reaction" and although unnaturally tension in the muscles, then the brain will do it by itself, automatically.

That means after a while we are controlled from that Innerpower which is completely wrong and making us to "project life" in a wrong way. After a while mood changes, the mind changes ..all our positive emotions will go away.

Stiffness and aging symptoms show up, which is not natural, which you don't find in nature.

Tribes as some African tribes as well. They are much softer in the body than most people in the world in the African tribes constantly living in nature. [27:56](#).

I also want to say, that so far in this interview I've not been really in shape in the way I want to explain but now I start to be warm into it because some days it is difficult to come into so deep almost and you as a person, I don't know you, you don't know me, and as a result to this, we haven't learned to cooperate. I find your questions very interesting, it's really a challenge your questions, I've never been to an interview so far. I think we need some time

to come into a good cooperation where I can be flying. Because normally when I think about this, when I started this I'm very flying and I have the words and have the explanations. But when I'm not used to one who asks me questions then sometimes I can go into kind of stand still and wait for the answers to come within my brain.

But now I start to get warm to this and I hope for those who listen to this if you stand it out to know, that you understand that all power lies within themselves as well, not only in those who have been studying, you have the power within yourself. And we are all different.

We are born with different levels within ourself and I will advise everybody to find their own power. I found mine very early in life. And I was just a baby. And I was lucky to have an ...consciousness.

And also because of my mother... she is dead now, but my mother was always telling me things from the bible and giving me the deepest wisdom of Jesus was saying and what she was herself thinking. She was like me. She was a very deep thinker and very happy person and she found joy and happiness in everything.

And she said that: **“you know what, all in life is love.** And if you can understand this my son, you will go forward in life where you are supposed to go. And all of us sooner or later will end our life on this planet...where there is maximum joy and happiness. Why not have joy and happiness today here and now. Searching for love and happiness”

And then she told me about wisdom words like: **“You know, when people do something bad to you forgive them. Because they don't know what they do.”**

And I said: “Really? They don't know what they do?” And she said: “No, Wind. They don't know what they do. Try to find your answers behind it and your life will be better.”

So already early in life I start to forgive and let go people. And I started to understand that people are so much in prison with their own mind that they cannot sometimes act differently and how they feel like ... in the whole body.

By having forgiveness and not...people I never get lost in my mind. I never get lost in anything. Not in aggression, not in irritation, not frustration. I got an ability to stop people with different levels of stopping them when they..., when they do bad or things that were on my limit. But not lost in aggression, irritation, frustration. Because I was following my mothers words.

The wisdom from the bible and the wisdom she created herself and I created my own wisdom as a result to this and I got more conscious.

And I created my life to be very beautiful although my childhood was no playing station. It was just work. And when I left home I was fourteen years old. My parents didn't think that I would survive in the cold winter running from home and doing my things. But I had an aim to go. I knew that I had to go. There was no doubt. And I didn't return to them for many years after. And now I'm an old man and I know I have been getting where I wanted.

Since I was a child, if I want something, if I feel that is the right thing I should do, then I do it. And I don't let anything limit my actions. And now I feel the time is in reaching the world and I'm ready for that. And I'm very powerful behind my words as well. There are no promises in healing. By the way, healing is not what people think it is. You don't need to be sick to heal, you don't need to be sick at all to be healed.

So everybody you ask why should we think about healing and why should we heal? And I say: The body is too weak because of too much activation of fight-and-flight reactions and as a result of this, when you get the fight-and-flight reaction all the muscles we can control by ourselves will be in activation. They will be in full activation so they are ready to fight and flight away. No matter if we are in society and there is no danger but it is in nature they will be ready to have full action.

As a result of this when we behave we activate fight-and-flight reaction and when we behave in irritation, frustration, fears, doubting, whatever which is negative or which is...level, then also the fight-and-flight reaction will be activated. And all the muscles we can control in the body will also be activated when there is no enemy. There is nobody who wants to hit you or do something bad in our society except for certain very rare situations. We behave - and behaving is unnatural for even humans - in the nature of humans it is unnatural for humans to behave in irritation in activation of fight-and-flight reaction.

It is a taught thing we are caught in, we are not supposed to do that, we don't need that. But we are doing it because we have learned it. And as a result of this then all the muscles, most of the muscles will be so more tensed, and we do it so much in the activation of fight-and-flight reaction and the natural fact that all the muscles are tensed..because the brain goes...when we behave.

There is no enemy, when there is no enemy the muscles are going to tense. All the muscles start to tense. As a result, also as well that behaving is an expression where we need to tell surroundings, people around us over ourself that we have a problem, irritation, frustration, skepticalness.

After a while the brain learns that it should tense all the muscles. And tenses it very much. And more and more and more. And the muscles become more and more stiff, we lose the muscle tonus which is naturally tensing the muscles which is making us to be very soft and beautiful moving and we get more and more stiff with age.

And from that level the problems start to come. Now I talked about the muscle tension and the fight-and-flight reaction as a power. That there are more powers within ourselves which will be totally transformed.

And more or less pressed down, more or less totally out of balance or we are never coming within this life because we simply are putting a .. on this power within ourselves. I have been researching all my life why we need healing. Why and what to heal - and that is another question. Because if you are thinking about why we need healing and we should think about what we can heal and we should heal.

And I am actually healing so deep that I heal the muscle tension and after a while the natural power, the Urpower, the primal power with which we are born will awaken.

As a result of that there will be a reduction in fight-and-flight reaction activation and as well the tensioning fight-and-flight reaction is creating in all the muscles we can control in the body and it means that the muscle tension we create were the tonus is lost and muscle tension is created will disappear more and more and more. And the more it disappears, the less we can press down emotions, the less the body and the brain will press down emotions. And a more awakening will happen mindly and physically.

So it's very normal that in my healing sessions, people are getting extremely soft like cats and start to feel more like cats or animals than humans. The stiffness goes out of the body. And the stiffness, after fight-and-flight reactions, in the muscles is one of the biggest underlying reasons why the body is getting too weak and then the integration, the sickness starts to develop in the body.

The stiff muscles are one of the biggest underlying reasons why the people are having joint problems, prolapses in the back, getting too weak to be able to lift heavy things,...teeth grinding, getting sleep problems...

All what the doctors are saying about the sicknesses is unfortunately not correct. They have good perspectives, the doctors, I agree a lot, but they find a reason why the sickness or the problem is coming up in the body, all the blockades, all the symptoms and they make us believe this is the reason.

I've been doing research far deeper than most doctors because I'm working with the underlying reasons much more than I'm working to heal people. And I educate people with the underlying reasons. As well I am also educating the team members, educating people to flower primal power which is awakening as a result of reduction of fight-and-flight reaction activation and tensioning in the body.

This is what we do on first case: We have a specialized, educated Hungarian lady who is taking care of awakening, the practicing of the awakening of the primal power which happens naturally all my sessions no matter what healing we go through.

Even if you go through just to want to heal the knee you will have an awakening in the primal power within yourself. You will discover your talents, your mental talents, your power, your healing power, your love, your inner happiness. Many people in my workshops are suddenly out off...after half an hour or just a minute or one hour or two hours getting in contact with an extreme level of inner happiness. They are exploding of inner happiness and writing about this giving us testimonials. Some of them can't keep it, some of them are not able to keep it. And our vision is to help people to keep this power which is awakening during the healing sessions.

That's why we put up Thursdays from seven o'clock, six o'clock to help people to practice and to search for the inner power, and to activate the inner power, the primal power to getting in contact with it and learn to be one with it. Learn to be one with what we really are born to be. And that's why I also asked myself the questions when I was a child: I was very

conscious of my inner power and I looked at people and I saw that they were not in contact with the inner power as much as I was. And I was thinking: Wow. Who are they? What are we? Why do I have this and they don't have it? Already as a small child I did it. And from that level I always wanted to help other people to get in contact with themselves. And my mother helped me to get more in contact with myself. Because she was ...

And I also have a christian belief by the way. I'm not fanatically... I like to let people have their own beliefs. I support them on all levels in their own belief. And I like Christianity, I like to go to churches but mostly alone. When I'm alone standing in the middle of a church and praying to god and healing people from that highest and cleanest energy in the world which I define as god. But honestly: Who is god? ...(...)

When healing it has to be a very holy power. **I'm working with holy power. And only that.**

Thomas: 42:08

Okay.. Thank you so much for your answers! You already kind of answered my next questions where I wanted to ask you: Why is it so much about the muscles and the muscle tensions? Because this is one of the major things you're offering. And I also joined one of your online workshops with Greta on the Sunday evenings.

It was about the releasing of muscle tensions, body posture. I could really feel your energy in the session. And what I really liked very much about it , was the mix of one part like receiving your healing energy and the other part of also doing active bodywork and breathwork during the session. So it's not just: I'm laying there and some magic hokuspokus happens for example but I'm also actively doing something for my body.

And I really like this combination. And I would like to ask you the next question: So when you do the online courses and you do the remote healing - how does it work that you can heal so many people at the same time? How does this work energetically? Can you elaborate a bit on that?

Wind 43:30

Yes. Whenever I get questions like this I get many answers within myself and then I have to choose between twenty maybe different answers because we have to look at life in perspectives. We cannot only have one answer for every question. And the more answers we find, the more questions will be asked. So if you ask me the same question during ten days you will have maybe a hundred different answers in different perspectives. And deeper and deeper.

You also ask a researcher, I'm a healer, correct, and I'm a researcher. It means that I ask questions like Einstein, very deep questions. I try to find answers and I ask new questions, try to find answers and it's just going deeper. I exercised for seven years to be able to explain and to be able to find more knowledge to be better to explain.

For the last seven years I've been exercising especially in the morning up to three, four hours, five hours up to six hours a day. Where I only go in meditation and I find my answers telepathically or I create the answers by visualization or thinking logical and sometimes in clean words to find correct words to explain in different languages. Because I speak more

languages. Sometimes I come to a very good level where I'm really really in shape and can explain. But I sometimes need to warm up when people ask me triggering questions which are really triggering me. And one lady I met, she started to ask me already in the beginning the triggering questions and I could just with this questions write many books. During the day she was speaking and asking me questions. Your questions, I love.

I have to say, about distance healing: So far only a few people have been asking me: How is it possible? Because normally people are not thinking so much on deep levels.

Distance healing has been known as long as humans have been on this planet.

Because it's a craft which is (...) within ourselves and outside ourselves. We are in connection with more than ourselves. We are not "the healers". A person who says: I am the healer and the only healer who is healing a mass of people and a lot of people do not understand what healing really is. 46:21

When we go on modesty, humbleness, being more humble, ... As long as humans have existed on this planet... 46:45

Thomas: 46:47

How does it energetically work that your energy can heal many people at the same time?

Wind 46:55

Distance Healing is what we are saying, to give a name for it when we are telling the people about it.

There is no distance in the healing. There is also on planet earth no existence of time. Time is a creation of humanity which has created it...

It's the understanding of energy in distance which humans have created. But there is no distance..we are all connected.

So when we are all connected then there is no difference if we are healing a person with the distance from a meter, thousand meters or thousands of kilometers .We have no distance, because we are all One, in energy.

We are saying this: " we are masshealers ", we are healing a mass of people at the same time.We identify ourselves as the crowd..

That's why I don't identify myself as " the healer ". I identify myself to be a part of a crowd where I transform the crowd to reach humanity to my human body.

It means in a way I'm the healer, I'm not the healer. The power is the healer and the power is much more than we,as humans. We are a part of this power and we will always be a part of this power.

People are always searching for proof in this society, especially, in the last hundred years they always want to have proof for our healing abilities.

Because the more control the society has.. and they want to have control...then less they want people to do " Hokus Pokus " or miracles or these things, because it doesn't fit in the society so much. We should be robots and we should do things as they say the society

should be..and follow the rules, follow the norms and not do so much which belongs to our nature.

That's why these kinds of healings are put away more and more..

Sometimes Pop's Up a human like me, a mass healer who can heal thousands of people at the same time and we are very quiet, we are not so much in the control of society as it is. We pay our taxes, we are doing legal work. Some places we will be accepted in other places not..because society controls what they will like to have us. The focus in the society is much more important then for the economical base that we will be on the sideline. Nevertheless we will always exist and we will always come.

So when I go away from this planet new humans will come and they have the Power. And there will be new questions related to : " what is a Distance Healing, how is it possible? " And we can go into different believing systems and say that: " Okay, the way is because this and like this.." but in a way we can never find a answer because it's thousands of answers how is it possible.We can be connected to religion, we can be connected to different religions groups or we can say it's a part of Jesus or it's a part of Buddha, however, which is living in ourselves.

We can say it is, because we are all connected on the same level when we go to another world after our death and in this world we are one with everything, we will feel like one, nearly like in one body. We can find as many explanations as our fantasy can create. What many people do not realize..

I'm one of those - I did extensive researches in: how it is possible ..but I would need a lot more hours to talk about it on a deeper level. It's a very difficult thema, a very deep thema. Even though I've been doing deep research, I don't have the answers which could be happy and proof of satisfaction for people to know about. Because it's so many perspectives.

By the way in many questions you asked, especially to a researcher like me, who is researching and learning the basics of anatomy, the basic in astronomy, the basic in how a creation is built up from the cell, the smallest part of cells.. and all the basics for to create my own knowledge in my life and the ability to find my own knowledge which comes from the basics..let's say the fact of the knowledge. Fact is that for example: the muscles are connected to different bones in the body, different places in the body and they have a function , a proof in the body.That's fact! So when you learn the fact and then from that level you create your own knowledge through telepathic channels or creating knowledge by doing visualization, inside yourself knowledge in your own power or talking to other people. Communication to other people, getting acknowledgement from other people and combining it with your own knowledge. No matter what way, there will always be perspectives, you cannot find " one answer " because when you find one answer you will block the other answers.

In all your questions there are many, many answers- there is not only 1 answer..and that makes the world so fantastic so wonderful because we can always search for new knowledge.We can always create new knowledge, create new believing systems. And we

can always cooperate to search for knowledge. That's why even small children have knowledge adults don't have at all. Ask a child and you will find knowledge you could even imagine. Within yourself as a result the child starts talking to you. That's why we should all know that we all have the wisdom power in ourselves. We should believe in ourselves. Greater believe that there is more in every human. And I was lucky to get the choice as a child to go within myself and search for this knowledge. And I was lucky to be open to the world. I have never been skeptical in my life, ever. I have been going through a lot of difficulties like other people in life. Very big challenges but I never got skeptical. I never got cold, I never got a change in my mood. I have the same attitude to the world all time. Only in moments where it's necessary to stop people from being in wildness, in screaming, I do have my methods to stop them. It doesn't happen that I need to loose myself. But unfortunately many people have changes in their mind which should not be there. Changes in the body which should not be there.

Believe it or not there is a possibility to heal this.

I even heal people from epilepsy. One child for example, 5 years old, in Austria who had epilepsy..at that time I was a younger man and I did not know anything about it. I only knew that they are moving and they couldn't stop moving. That was my knowledge and people ask me if I could travel 400 km so I went there, I met the child, saw it only for a few seconds and then I went to the sleeping room, I Woke up and the father came in with the the kid, he go for 3 hours epilepsy, the strongest..that child should have died after he would be 10 or 12 years old because it can not go through this attacks without..the power will be so big after a while he will die. This human is now living..

The second time the father came in with the child I found the key : I made the child go to sleep for 1 minute, so it took two minutes to heal it every time he got it. I taught the parents how to do this.

I opened up an energetic field and I asked the father especially, to do this every time the child got an attack and after 1 month it stopped by itself, only 1-2 minutes shaking times a week and it was over. The child also had problems with the motoric as well and so I invited a lady who was a specialist in motoric and I educated to her doing to 2 days to extend her knowledge into the motoric..because I'm a specialist, i was a specialist in motoric as well..but the parents were not ready for this work, so we had to stop that and we left the child behind us. And We left out to the world with new knowledge to heal epilepsy in certain levels.

I've been healing thousands of different unhealable sicknesses, which is not at all possible to heal..because people come to a healer as the last station normally.

They come to a healer because nobody else helped them.

That's why I end up, when we talk about distance healing : Well,there are certain levels we can heal with distance healing and certain things we need to have people to come to us so we can have a closer look at: " What is this?". Because people have other underlying reasons why they are getting sick, why they get problems. We need to study them. As I started study epilepsy I didn't know about it.. I studied the child and I did not study any book. And so I started to study humans by looking at them, because I can see far more than normal. But what are the reasons why humans get into problems, so I started to study them by looking at them, the ability to look inside and looking in their mind. All this helped me a lot by looking at people.

So a lot of problems, sickness symptoms can be healed over distance, extremely much, if people cooperate, because it is Active Healing, it's not a passive healing. If you ever are in the Sunday healings, it's an " Active Healing " that's only one way of healing. I have hundreds of ways of healing, hundreds of methods I developed to help people to change mental levels and to change physical levels. And also we teach the people to get in contact with my energy, without me, doing anything specific other than.. ? **59:02-59:09**

But they learn to heal by themselves by contacting my energy and at the same time I'm in the distance healing them directly, so that's why we say : "ActiveHealing".

Sometimes we ask people to lay down and they don't focus on me and sometimes we ask them to focus on me. Nevertheless the healing function has no promises and all people are getting different levels of healing. When we are talking about different levels of healing we are talking about their: Primal Power their awakening to the Primal Power as a result the muscle tension will be reduced. This primal power will then be making the body to heal itself much more. The body will be stronger to heal itself. So it's a combination between the healer's strength of energetic reach in distance healing and as well the awakening of the Primal Power which is healing the body from itself, to repair itself.

And as a result of too much activation of the fight and flight reaction.. If you think about how our society is built up and how all our norms are. How many fear levels we have when we as a child go to a child school, kindergarden, when we are 9 years old we have to go to school for 3 years we have to go to specialized school.

In this society there are always these norms, we have to be so careful with what we are doing, so we are not getting problems with other people. We have to do so much of what is expected, so there are a lot of fear levels. The brain will learn to actually activate the fight and flight reaction too much in our society having these fears.

I'm actually able to also heal fears. I'm a specialist in healing fears and for that reason I like to invite people to where I am as a groups, ask them find the fear being consciously where in their body it is and they hold a hand there and I look where the fear is and go in with my mind and concentrate about this fears and take it. Normally I heal 80- 90% easily and the rest I have to use a little bit more work. Or a lot more work to heal the rest of the 10% depending on the character.

But I never give up. If I start to heal a person and the person doesn't give up, I don't give up. I'm like that. Let's say: Whatever I do, I'm a little bit perfectionistic! I also have an extreme empathy which I have been keeping since I was a child. Because all of us are born empathic. We are born in the highest, holy empathy. All of us are born with that!

Ask somebody to hypnotize you, to go back in your life when you were a ½ year old or even before you were born and you'll find that you are in connection with a higher power, that you are in connection with other life's, that you are in connection with planet earth, in connection with inner peace, inner happiness...and so much holy empathy that you will create so much happiness.

That you understand that this is the world how it should be as humans, we should be here for each other, we should take care of the animals.

Although animals are eating each other and killing each other, wild nature out there on this planet. Yes it is, we are going to a productive nature.. still animals have empathy. Go to a horse when you have problems. Maybe the horse will look you straight in the eyes and heal you on the spot.

You can heal animals but also animals can heal.

I was working with a horse, healing the horse because we have 2 horses now in the farm where I stay in Hungary, I'm here for a short time. So anyway I have been healing dogs, cats, all kinds of animals and I got healed from animals. We are all healers by the way, when we are talking about Distance Healing.

You know you have an aura. You know about this aura this is an energy field. Some people can see it, some people can not see it. If you think about it: if you have an ability as a human out there you will listen to me and you will have the ability to see my aura. I invite you to see my aura. I met another healer because I had a problem healing myself with my knee and I was thinking: "Wow this is really difficult, you know what, I'm going to another healer." As soon as I came into the room of that other healer he said to me: "Sorry I don't want to help you, no.."

I was like: "What- I came to you for your help!"

He said: "No, you are born for something else, I can see your aura.. I have seen aura's from people over many, many years but your aura is not really an aura - it's something I have never seen in my life.. it's so strong that it is like: - One with the whole planet- I don't understand, I have never seen anything like this before!

I'm sorry, I know that you want something in your life, you are a sporty man..."

I was fanatically with sport, work hard but I damaged myself one day because I did too much and I couldn't fix it myself that's why I went to this other healer and he said: there's a reason for it why you got hurted, you should stop sport and go for humanity, you have a vision, you are born with something."

1:05:16-1:05:25 (weint..)

...Sorry, I feel emotions, I feel cry when I think about this time and what the healer said to me..

He said: "You are born with a power, you should go out there and do what you were born to do.

Cause nobody is born with something like that without having something to do. I can see it in you, you train all the time, your body shows it..but you know what, there is something with you that you have to realize..."

Still I didn't go out into the world and take the choice.

I took the choice to help everybody I met, when they came to me.

But I don't want to go international, with assistance and say here I am. I was not ready for this. It would be an ocean of people, hundreds, thousands of people because I'm a masshealer..and I was thinking sooner or later I got to be ready for that, there is no other way.

The healer said: "You know what, I'm also born with a certain power and I did realize it later in life. I'm not like you far away. But I was a sportsman too and one day I discovered my arm was paralyzed I couldn't move it. Then my other arm started to be paralyzed than my feet. And

after a while I had problems walking. Over the time of ½ - 1 year I had so many symptoms in my body that I became very worse. Suddenly I couldn't move at all, suddenly I gave up, I totally gave up. And I said to myself, I give up, I don't want to fight against these anymore. There is something within myself I will give up. I promise to give up and he was screaming that out."

In the same moment he was totally paralyzed he couldn't move at all. He woke up the day after with a power of being able to heal people and more people in the same time, like me.

And he said to me: " You have a power above, more power than I have ever seen and you know what.. I have experienced it's very difficult to combine all what you want to do in your life, the purpose of your coming into this planet with your energy. You are born to do something. The power we are connected to wants you to do. Nobody is born with a power like this without having a purpose to do something out there in the world."

I said to him: " I know all these things...but everytime, when I walk on the street people get healed."

"Yes, I know he said, I can sense it in myself now, because you are my healer now. You came to me with a problem but actually I get healed from you.

So I don't want to heal you, sorry, I don't want to do it.

I want you to go through in life to give up what I had to give up. You have to face it.!"

I told him : " We are in the same boat! I know what you're saying.."... but all I knew, I went out crying, I never cried so much in my life.

1:09:07 Wind weint...I'm feeling the crying right now and when I think about, when I had to take a choice about in order to give myself to this work, what I have to sacrifice of my own personal wishes to do what I needed to do. What I felt I should do. More than the healing and the healing of other people for my own personal life,..then I felt my life was ruined because I couldn't do certain things. I had to let go.

So after a while I found that combination of what I really wanted to do and how to go out in the world, heal people.

It took me a few years, but I still worked and traveled in these years to different countries, with different people. I never stopped when people asked me to come to Germany, I came. I was always ready. But not ready to go worldwide, like we are now doing. I start now because I know that thousands of people will listen to this and listen to my voice, many of these people will be ready to come to discover this and I'm ready to do it.

It took me more years to be willingly going out on television or radio stations. I've been there as well, I was on Internet television. **1:10:50**

Thomas: 1:10:52

Why do you feel like now is the time to get more public?

Wind 1:10:58

I know you ask me from a personal level because you have an idea that we are now ready for the world..or the world is ready for us...and you are 100% right. When I extend your question related to your personal wish, because you are the one who asked the questions, you want me to do this.. Without your personal wish I wouldn't be here. It has to be a

combination between the one who asks the question and those who receive the ability to have this knowledge and this healing. There must be a wish from the ones who are listening to this and the ones who ask questions to be able to do this.

So when we are saying the world is ready for it..and it's created of our own idea, our own being or of our own knowledge about the world..because we observe the world.. there's a lot of catastrophes in the world wars..

The world needs to awaken in order to stop the pollution, stop the craziness in world situations, be more conscious, take care of each other..we can find many many answers why the world is ready for this. But we can also find real clear answers. We can find really clear answers.

Because if we look at the society we can see that the society is very splitted, we have politicians who are leading us, we have the doctors and therapists doing in their part a beautiful work for people, we have the different workers who are specialized in building planes, building electric complements, computers and all these things. All these people who are there in different professions , they are not necessarily identified with what they are doing in the belief that this is all in life. They know that there is so much more consciousness in our world for the possibilities of what we can do. Because we have something created which we call - the internet - we can read in the internet about almost everything what happens in the world , we are in connection which we have never had before because the world is so small now because of the technology in order to reach something..we just have this telephone in the pocket and we can reach the whole world with this telephone. We can give the knowledge which we like to give to people to this small object we own..and almost everybody has this object in their hands. So the station we have in ourselves with this new technology we put in our pocket everyday, we can't live without it, we know the possibilities...this is one answer.

Although another answer: We see the results of our damage to nature now, we see the pollution now, we see that we are dominated and controlled so much in the system.. We are following 1 or 2 leaders who are saying:" we are friends with that country, we are not friends with that country and we shall not like those people..and bla,bla bla.." They are taking control, so much control that they want us to believe what they believe. But we don't believe the same, we agree with them, with a lot of things what they are saying, the politicians. But on many levels we should not only agree, we should see the perspectives. The world is unfortunately getting so many damages in the way off, how we handling the world in this political positions or in the positions that we are creating only this believe should be or only that.. the disbelieves, building up in the believings create for any sickness in the world for the truth of ourself, for the truth of the world ..and than we should take only this therapy, only that medicine, and all this way..

All these believing systems we have created since we were children, of the adult, the growing up world are we should stay with it, look at it and see it as perspectives.

There is no truth, the truth is perspectives!

There are so many answers, so don't push away the answers but accept the aspect of perspectives and find more perspectives.

Nowadays we see how they observe the world and it does not look good...we are in a new way of problems coming up in our century and if there is something we can do to make people more peaceful and more calm, yes absolutely!

I have an ability to make people calm.

I give you an example because we are talking about this:

I was in a Cafe, it was like a Bar Cafe, people came there to drink a lot of alcohol and I just took my tea and looked at the people. Then a very aggressive man came up to me and looked at me and I said to him: "You are very aggressive." and he said: "I'm so aggressive, I'm so angry I could hit anybody here!" and I said: "Can I do you a favor ? " and he said: " you can do me any favor you want.."and I said: " I don't ask you any questions seriously, you know you have a mental problem?" He said: "Yes I do- but I'm so aggressive and I can not stop it." I said : " Ok, will you allow me to stop it? " and he said: " Yes!" So I just put my fingers in his stomach, just a few seconds.. and he was so peaceful that he loved everybody, he wanted to hug everybody..and he said: "What did you do with me?" I said: " I just make you happy, that's all!" He was looking at me like he was in shocking waves. He said: "How could you do this for me? My whole life I was so aggressive, how can somebody do this in seconds ,who are you?" And I said: " You know what, take the gift and hug everybody! Bring love to everybody. Before you came to the bar to make problems, now you come here and make people happy !" And he said: " Thank you for your healing! I will remember these words and thank you for your gift!"

I left and I never saw him again. I have been in a lot of situations like this..instead of fighting you can do something else. Many people have the ability to calm down people. Just like I said it to you: One of the reasons why we get lost in the society, one of the biggest underlying reasons is actually, is not only the muscle tension, it is the activation of the fight and flight reaction, which brings people to mirroring in the way of aggression, irritation, fear, elevations. We are mirroring when somebody attacks us verbally, than it's very easy that we feel defended, we sink down on the floor, we scream out aggressions, we have reactions, we can't stop and can not control ourself. We will not get this negative power within ourself.

So most of the negative power we are penetrating ourselves with the tension, getting cold, getting unnatural, let's say mood changes or even state in mind can bother us.

It's healable, all this negative state of mind is healable,

it's possible to heal it out.. actually I can heal it out when I get an energetic connection to the people. But anyway:

This is created, because very much is the underlying condition: How we communicate, the wrong communication with other people, how we mirror people, caughting people in the way they are acting towards us..in the way they want us to believe, what they believe or acting wildly, bad, negative to the world or towards us.

And when we don't act in the same way as they want us, let's say, we act like Jesus..or just acting a quiet way inside, even if we feel a reaction, don't act, don't behave aggressive, only in the most extreme situation we need to scream- Stop- , okay then do it, but try to control yourself.

Then we will not have so much tension in the body, not so much fight and flight reaction in the body. We reduce it so much that the inner power within ourselves will have a natural awake. So inner power means the Primal Power we are all born with..we will have, that the emotional system comes back to us, we help to wake up in ourselves and we have the chance to come one with it and more and more we find out in ourselves to be, who we really are supposed to be.

We are all born with what we are supposed to be..we just have to fit so much into the society ..as children we are thrown into the society, without knowing and getting to know, without no education about what we are, who we are, about the power within ourselves..we are just

thrown in the society to do this, to do that and if you don't do that, well then you will be restricted and disciplined. And the parents, teachers, and the society are very afraid of a child who is going his own way. No children can go their own way, no children should go their own way...I did it!

That's why I never got lost mentally, I had my anabylistic power within my body and I could go the way.

I was supposed to work in my childhood, but it didn't stop me from being myself from Primal Power.

So, what does this mean to people who listen to this?

If you really would like to understand who I am, then come to our sessions and be a part of the energy I'm healing with and from. We can call it Vikingpower, we can say it's..

any name we name it. But I like not to give it a name, let's say : **We are all One with it** and this is a difference when we are saying Vikingpower and the healer identified itself to be - the healer- or that we are in a craft. We are all standing in this power we are healing from.

Many answers, many answers..

To hear "Viking" is like: All of Us come from different cultures and some of us have kept our culture and the Vikings very much in certain places of Norway, Sweden, even Finland, in Iceland, Denmark have kept the culture.

The power within ourself in the artification what we understand is the Viking and I have fully 100% that power within myself.

One of the powers is: Never give up, never give up!

You go forward and you never stop, you respect people around you.

There is a misunderstanding in the understanding of Vikings, by the way : We are very peaceful!

I have 3 brothers.

I never ever had a fight with them..never. Never raised my voice. We had problems, many times, like other people, but we dealt with it in another way.

Vikings are very, very peaceful, they just want you to feel good, they just want something good for you. When you come to my country you come to North Norway, you will be surprised how friendly people are.

And if you go to other parts of the world, I'm sure you will meet beautiful people as we are, as Vikings.

You just have to be beautiful yourself and you will meet beautiful people everywhere with different cultures and with unbelievable empathy in all countries in the world. We are not specialized as Vikings. Every culture has somehow their differences. It is not easy to understand these differences. It's not easy for me to let you and other people understand what is a : " Vikingpower" and what it is to be a Viking.

Maybe you have difficulties explaining to me or other people what your German power is? What is it to be a German?

So we are just having a different culture, different power, different..anyway - we are all humans and we are the same. There are no differences in being a human, like with the animals, they are all the same.

I have to say something before I forget it:

Is: **Essence** of what I really do. You do not need to be sick, you don't need to have mental problems, you don't need to have physical problems, you don't need to have jaw problems, prolapse in the back, scorreliose..to come to me as the healer.

Because I'm healing more than just directly the pain.

I'm healing the underlying reasons. One of the biggest underlying reasons Why..not only one underlying reason but more underlying reasons, Why humanity becomes sick is, because they are opening themselves up for sicknesses. Sickness creates itself to find a place in the body, mentally and physically. And when healing the underlying reasons, the Primal Power in the body will be awakening up. Because we humans, when we go into the society, we learn to fit the society so much that there happens an awakening of a Natural Power, we should never have awakened in our body in society and only in emergency situations, where there is danger.

This power is blocking our inner power, our power blocking so much our inner power that the body will get weak.

Weaker and weaker and when it becomes too weak, different symptoms, sicknesses .. thousands of different sicknesses can appear in the body. Which the body should heal itself. The body should heal itself and even its parasites, bacterias, the body should be able to fight.. but often it's too weak. Because there is an awakening of a natural inner power which should not be awakened at all in any society level. And one of them is : Fight and flight reactions. Too much. It's healable to reduce the fight and flight reaction.

And the tension in the body, as a result of the fight and flight reaction, is activating itself. All the muscles should be activated as well and so much tensioning will happen when the fight and flight reaction is activating, that the natural tonus will disappear and the muscle tension will be created and when the muscle tension is settled in the body more and more the brain can never relax the muscles anymore to fully relaxation. The brain has no ability anymore to relax the muscles. Almost all the muscles in the body which we can control will never have a chance to go back to fully relaxation. It means that we will be forever in our life moving with muscle panzer..we get knee problems, prolapse, back problems and all these things.

This Thema I like to tell you more about. Maybe next time when we have an interview. That's why I say to you and the people out in the world , I AM in the artification of: " what we can look from in the perspective of personal healing to another person ". In a humanistic understanding of the power of energy.

I'm a body posture healer. I can heal almost everybody to a perfect body posture. I'm a skin healer- I can heal the skin until it's changed so much that you can pull it out from the body. Even if you are strong enough, I have a strong friend..your friend should be able to lift you up with one hand from the body, only holding the skin..and shaking you, only holding your skin. Everywhere, even in the face, you shouldn't feel any uncomfortable feeling, not any pain. If you look in the website there is a picture of me, how I was lifting a lady like this. I'm very strong in my body, so I was lifting a lady from the floor and I hold only her skin from the body. Her stomach skin and I lifted her with one hand.

I'm a skin healer..your skin changes to unbelievable levels where you do not even recognize before it happens, when you touch the skin. When the muscle tension then the skin somehow tension. The change you look at, let's say you are 40, you look 20 years older, then you should look..then the healing will change your face, your face should change. You should look 15-20 years younger, just if you come into my healings. Your body posture should change more and more. Sometimes very fast, even after the first session could be so perfect as it has never been in your life. Because most people don't have correct body posture.

For example: I healed a girl and when I touch the skin at the beginning and she touched it after, we could not recognize anything, it was impossible to imagine the skin before and after..it was like..we have so many people awakening of the different powers we should

already use in the emergency situation within yourself, that the body block itself and collapse and different organs, the Skin, the body posture, breath, everything should be in so much more power within ourselves.. Unfortunately most of the activation is let's say the power of emergency power, which should be activated only in emergency and for other reasons blockages...the reduction of the power within the body will be too big.

That's why I say I will explain it another time..I will say:

I'm a body posture healer, I'm a skin healer, I'm a breath healer, I'm a mind healer, it means that you will get more and more peace and happiness within yourself. There will be an awakening in you, the state of mind which you are born with. All this power is your power.

It's not my power is your power, I'm just awakening,

taking away the blockages within yourself and awakening your power. It's very important to say!

So these points that I now explained are very important to understand: There is the power within yourself and there is the power which should **not** be activated. Because activation of these different powers should only be activated in emergency situations. There are more than only the fight and flight reaction, which should be activated, when there is danger or in nature, living in nature or in certain circumstances. This powers should not be activated, they block the body when they are too much activated..they can be reduced and when they are getting reduced the power within the humans, the Primal Power, in hundreds of different Primal Powers, will have a chance to awake to help you more or less find yourself, find another identification within yourself than you have today.

And this happens very much in the first days. We put up a day on practicing this, because on Sunday we awaken the Primal Power and then we make people come in contact with it.

Thursday we practice and make people to keep the power.So these days Sundays and

Thursdays are in combination and when you book sessions then it's good when you book 3 sundays in a role and 3 thursdays in a role.

And remember Vikings, yes, we never give up!

When you don't give up, we don't give up!

Some people get healing very fast, some people get slower.

If you see other people getting more healing and faster and you look at them and know you shall be the same...there is no problem.. it's just You, staying with us until you get it.

If you don't get it, I will invite you personally to me and I will do it for free and make you get what the other people get.

That is my promise!

Personally to me, come where I live and then I will look at you, why you don't get healing.

Because it's not about me, not about cosmic power, not about the power we are connected to, when it comes to healing. That power is the same power as all time.

Is about the One who is receiving healing..there is a blockage in this person that they don't receive the healing.

Sometimes we have to find out, why the person is not receiving healing, so we get in personal contact, sometimes we make a group, and we are extended the possibility of healing.

There are certain healings which happen better when you are in the same room as the healer and the team.

Oftenly I will be in North Norway in the nature but it's possible to reach me..or to reach my team members.

Related to your question why is it important for the world:

12 years ago I made a decision: I'm ready to go out into the world and now finally we are ready for it. So thank you for your questions and I say to you ,Thank you and to the crowd which is listening too. We will find a better way to communicate, better Interviews because I needed time to get warm and ended up being a bla bla machine and Thomas had no time to ask more questions...

We are ready for the world, we are ready!

So, Thank you everybody!

I'm ready for live interviews as well already when there are hundred thousands of people listening to me at the same time.

I'm looking forward that it happens. I'm ready for this as well!

Anyway, Anytime! **1:36:20**

Thomas: **1:36:21**

Wonderful, thank you so much Wind! And thanks so much: for sharing your knowledge, of what you are doing, of your wisdom. I think it was very inspiring for many people and for sure we will do a follow-up with more intense questions, with more deep questions. And yes, everything you mentioned from the online workshops you have, from the seminars you are planning in Switzerland and Germany I will put all the links below the video so everybody can get informed and can get in touch with you.

I'm looking forward to our next talk and again: "Thank you very much!" **1:37:09**

Wind: **1:37:10**

One last thing, Thomas - there is about distance healing.

Since I was a child I discovered I could heal people over the telephone, because my mother asked me to call if there was somebody who had a problem, so I healed them from distance. But online, that is an unbelievable combination between technology and the healing in the Urpower of Healing Humanity.

That makes us reach the world.

It's putting us on levels where we can do so much more than ever before. That's also a reason why I went online because I knew that I can reach more people.

So, Thank you, Thomas, to you, who is doing this online.

We should say Thanks to you and people like you.

Thank you more than anybody else.. **1:38:04**

Thomas: **1:38:05**

Thank you, you are welcome!

Yes, I think online is a great opportunity to offer something to people and to connect more people.To make it more accessible for many, many more people. Yes, I very much agree to that!